

GENERAL

GTI tournaments are run on an invitational basis to non-GTI Schools/Associations who are ITF 'style' based. The sparring competition is conducted under strict 'light/semi-contact' rules with 'points away' penalties/disqualification for any excessive contact.

MINIMUM GRADE REQUIRED TO ENTER

9th kup – white belt with yellow stripe/tags.

BELT DIVISIONS & WEIGHTS

Adult: 18 years of age and older. **Junior:** Under 18 years of age.

Belts: The ITF belt ranking system will apply as follows:

- 9th kup – white belt with yellow stripe/tags
- 8th kup – yellow belt
- 7th kup – yellow belt with green stripe/tags
- 6th kup – green belt
- 5th kup – green belt with blue stripe/tags
- 4th kup – blue belt
- 3rd kup – blue belt with red stripe/tags
- 2nd kup – red belt
- 1st kup – red belt with black stripe/tags
- 1st dan & above – black belt

Divisions: The belt ranks fall into the following divisions with separate categories for men, women, boys, and girls. (With the exception of the Peewee category which may include mixed grades of boys & girls if insufficient numbers do not allow for separate categories). The option of a Veterans (40 years & older) category may also be available at particular events.

INDIVIDUAL PATTERNS

- **Junior Coloured Belt Patterns:** Belt divisions further divided by age under 10yrs, 11-13yrs, 14-17yrs
- **Junior Dan Grade Patterns:** Belt divisions: 1st Dan, 2nd & above, + further divided by age: up to 13yrs and 14-17yrs
- **Adult Dan Grade Patterns:** three under 40yrs categories by rank: 1st Dan, 2nd & 3rd Dan, 4th Dan & above, plus Veterans 40yrs+ (any Dan grade). *NB. Veterans can opt to compete in the relevant under 40's category but not in both.*

POINT-STOP SPARRING (for yellow/green belt juniors only)

CONTINUOUS SPARRING (for all other juniors & adults)

- **Junior Coloured Belt Sparring** - Belt divisions heights/weight further divided by age under 10yrs, 11-13yrs, 14-17yrs
- **Junior Black Belt Sparring** – Height/weight divisions further divided by age: up to 13yrs and 14-17yrs
- **Veterans' divisions for age 40+** (where sufficient entries allow)

Yellow – 9th to 7th kup Green – 6th & 5th kup Blue – 4th & 3rd kup
Red – 2nd & 1st kup Black – all dan grades

NB. Yellow & Green and Blue & Red divisions may be merged depending on numbers in attendance.

Adult Male Sparring Weights:

Light weight - up to & incl. 67kg
Middle weight - over 67kg up to & incl. 76kg
Light-heavy weight - over 76kg up to & incl. 85kg
Heavy weight - over 85kg

Adult Female Sparring Weights:

Light weight - up to & incl. 60kg
Middle weight - over 60kg up to & incl. 70kg
Heavy weight - over 70kg

Junior Male & Female Sparring Weights 10 Years & under:

Peewee* - up to & incl. 125cm
Light weight - over 125cm up to & incl. 135cm
Middle weight - over 135cm up to & incl. 145cm
Heavy weight - over 145cm

Junior Male & Female Sparring Weights 11 to 13 Years:

Light weight - up to & incl. 135cm
Middle weight - over 135cm up to & incl. 145cm
Light-heavy weight - over 145cm up to & incl. 155cm
Heavy weight - over 155cm

Junior Male Sparring Weights 14 to 17 Years:

Light weight - up to & incl. 60kg
Middle weight - over 60kg up to & incl. 67kg
Light-heavy weight - over 67kg up to & incl. 76kg
Heavy weight - over 76kg

Junior Female Sparring Weights 14 to 17 Years:

Light weight	-	up to & incl. 57kg
Middle weight	-	over 57kg up to & incl. 67kg
Heavy weight	-	over 67kg

***NB.** Peewee division is mixed boys & girls if insufficient numbers do not allow for separate categories. Other junior weights have separate divisions for boys & girls.

***NB.** If any division has insufficient entrants to allow for a competitive bout then at the Chief Umpires' discretion categories may be merged. Junior age ranges may also be amended for the same reason or if there is concern for the safety of junior competitors.*

SPARRING COMPETITION

Yellow & Green belts: Juniors Point-Stop Sparring/Adults Continuous Sparring.

Blue, Red & Black belts: Continuous sparring.

Duration of Bouts: Junior & Adult Coloured Belt divisions: 1½ minutes.

Junior & Adult Black Belt divisions: 2 minutes

Finals in Black Belt Continuous Sparring: 2 x 2 minutes with 1 minute break.

NB. In Point-Stop bouts if a competitor scores 10 points, then the bout will be stopped and awarded to that competitor.

Scoring of Points:

1 point awarded for any hand technique to any target area.

2 points awarded for foot technique to mid-section area.

3 points awarded for foot technique to high-section area.

Target Areas:

- i. High - Head and neck area complete. (* See footnote below)
- ii. Middle - Trunk of the body from neck to lower abdomen vertically and from a line drawn from armpit vertically down to the waist on each side.
- iii. Middle - Kidney area (**NB. only scoring area of back**).

***NB - No hand techniques are allowed to the face in Peewee and Light Weight Junior Yellow and Green belt divisions. Hand techniques will be scored to all other parts of the head covered by the head guard, including the protected forehead area.**

DEMERIT POINTS AND DISQUALIFICATIONS

NB. Point-Stop Sparring Penalties: Points will be deducted from the offender's score. If the offender has no points or insufficient points to penalise then any outstanding points will be added to their opponent's score.

NB. Continuous Sparring Penalties: As points cannot be deducted from the handheld counters (clickers) used by the Umpires the relevant points will be added to their opponent's score.

Penalties:

- i. Stepping out of the area twice (i.e., On the 2nd, 4th, 6th and every other subsequent occasion). A competitor is considered to have "stepped out" when one foot fully crosses the perimeter line.
- ii. Unintentional excessive contact on 2nd and all further occasions (i.e., after one warning by the referee).
- iii. Loss of balance on each occasion (a competitor is considered to have lost balance when any part of the body other than the feet, come in contact with the floor).
- iv. Grabbing any part of the opponent or their dobok after the referee's warning.
- v. Tripping or leg-sweeping the opponent on every occasion.

Discretionary "Points Away" Or "Official Warnings":

These may be awarded by the referee after one warning for the following: -

- i. Talking.
- ii. Unsportsmanlike behaviour.
- iii. Intentional lack of effort.
- iv. Excessive contact and / or aggression.
- v. Illegal technique (e.g., low kicking, knee/elbow strikes, pushing)

Disqualifications will be awarded by the referee for the following:

- i. Intentional excessive contact or unnecessary aggression.
- ii. Repeated on "point away" offences.
- iii. Showing dishonour or disrespect to the officials, competitors or to the area.
- iv. Second occasion that an official warning (yellow card) is awarded.

Accumulative Disqualification

During a sparring competition, a referee may award an "official warning" for offences listed above. Any competitor who receives 2 official warnings during the entire competition will be disqualified from the competition immediately upon receipt of the 2nd official warning. The referee will display a yellow card when announcing an official warning. A red card will be displayed upon disqualification. The referees must announce to the competitor, umpires and recorder that an official warning is being given. The recorder marks the official warning against the competitor's name on the competitor list, then, before the start of the next and all subsequent bouts, the recorder will announce that the competitor is carrying an official warning.

CONTACT AND INJURY

As detailed previously above, contact is penalised but if in the opinion of the referee a competitor steps forward into a technique, which otherwise would have been correctly focused, points will be awarded to the attacker as if it were a “decisive blow”.

If a competitor is unable to continue in such a situation, the bout will be awarded to the attacker. In all other cases of unintentional and intentional excessive contact, where a competitor is unable to continue, the injured competitor will be awarded the bout (subject to referee’s decision).

PATTERN COMPETITION

Separate Male & Female categories. Junior categories under 18yrs. The following patterns are the choices available to each division with

Yellow – Chon-Ji, Dan-Gun, or Do-San

Green – Do-San, Won-Hyo, or Yul-Gok

Blue – Yul-Gok, Joong-Gun, or Toi-Gye

Red – Toi-Gye, Hwa-Rang, or Choong-Moo

Black – Choong-Moo or any dan grade pattern relevant to grade

Where the number of entries is sufficient the patterns competitors will be subdivided into divisions along the following guidelines.

Coloured Belts	Black Belts
<ul style="list-style-type: none">• 10yrs & under• 11 to 13yrs• 14 to 17yrs• Adults (18-39yrs)• Veterans (40yrs & over)	<ul style="list-style-type: none">• 13yrs & under – 1st Dans• 14 to 17yrs – 1st Dans• 13yrs & under – 2nd & 3rd Dans• 14 to 17yrs – 2nd & 3rd Dans• Adults – 1st Dans• Adults – 2nd & 3rd Dans• Adults – 4th Dans & Above• Veterans 40yrs & over – All Dan Grades

NB.
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Veteran (40yrs & over) competitor may elect to compete in a non-veteran category but cannot compete in both veteran and non-veteran divisions.

DESTRUCTION COMPETITION

When board breaking takes place it is only open to adult Blue, Red, and Black belt divisions. Each competitor attempts five different breaks as listed below. One point is awarded for each successful break. In the event of a draw the lightest competitor will be announced as winner.

Red & Blue Belts

Male: 2 White boards

Female: 1 White board

1. Palm Heel
2. Knife-Hand or Reverse Knife-Hand
3. Left Side Kick
4. Right Side Kick
5. Reverse Side Kick (Spinning Back Kick)

Black Belts – 1 Black Board

Male: 1 Black board

Female: 2 White boards

1. Palm Heel
2. Knife-Hand or Reverse Knife-Hand
3. Jumping Left Side Kick*
4. Jumping Right Side Kick*
5. Jumping Reverse Side Kick

*NB. Performed from Parallel Ready Stance

Each competitor will have one attempt to break with only one pre-judging of distance allowed. **NB. The hand/foot must not touch the board when measuring**

BANDAGES AND STRAPPING

All competitors with injuries which require bandaging or strapping of any type must satisfy the judges of their need and obtain approval before performing (i.e., no hard materials or pins can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor).

JEWELLERY

No jewellery, watches or any other adornments may be worn. Hair may be kept in place using a material of soft elastic nature only, no grips or slides allowed.

UNIFORMS & SAFETY EQUIPMENT

Uniforms: GTI members must wear their official white GTI uniform at the English and British Championships. Other Associations must wear a traditional/freestyle dobok with relevant ITF belt ranking as listed above to be worn. **N.B.** T-Shirts are not permitted.

Safety Equipment:

a) All competitors must wear the following safety equipment:

1. Groin guard protector of an approved type for men.
2. Hand and feet safety equipment of an approved type. (see below)*
3. Shin protectors of an approved type.
4. Head guard.

b) Optional equipment:

1. Breast/groin protectors for women.
2. Gum shields.

***NB.** Hand & foot protectors suitable for semi-contact must be worn. Bag, grappling or boxing/weighted/laced gloves are not permitted. The foot protector must be a full boot type which only leaves the sole exposed, and must be of the correct size so that the toes do not protrude.

OFFICIAL COMMANDS

The following are the commands that referees will issue to competitors during a tournament:

1. Charyot – Attention
2. Kyong ye – Bow
3. Chunbi – Ready stance
4. Si jak – Start
5. Hye chyo – Break (sparring only)
6. Barro – Return to ready stance

DISPUTE PROCEDURE

For all events in all tournaments any disputes arising will be dealt with as follows:

- i. Tournaments Chief Umpire: All organisers will appoint a person to act as ‘Chief Umpire’. This person must be present in the arena throughout the whole of the tournament. Generally, this person will be the most experienced official at the event.
- ii. All competitors must nominate on their competition entry form a delegate to act on their behalf in the event of any disputes. This person would normally be their club Instructor, but can be any black belt that is fully conversant with the GTI tournament rules.
- iii. All competitors who wish to dispute a decision must go through their delegate direct to the Chief Umpire. Neither the competitor, nor any person other than the delegate, is allowed to approach the Chief Umpire direct.
- iv. In order to give a decision on any dispute, the Chief Umpire may call officials, competitors or delegates, as he/she so desires in order to give evidence or opinions on the dispute.
- v. On reaching a decision, the Chief Umpire will notify all parties concerned, and this decision will be binding and cannot be appealed against.
- vi. A copy of the full GTI Tournament rules as laid down in Appendix B of the Constitution must be present at all tournaments and must be accessible to all competitors and officials.
- vii. The tournament Chief Umpire must base all their dispute decisions on the rules as laid down in this document, and in no case can their final decision conflict with these rules.
- viii. Delegates, competitors or team captains who persist in arguing against a decision made by the Chief Umpire, may at his/her discretion, have their whole team or club disqualified from further events at the tournament.